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DIET AND FAT METABOLISM

FAT	CARBO- HYDRATE	BODY FAT	SERUM CHOLESTEROL
CORN OIL-3%	SUCROSE STARCH	% 30 24	MG% 241 171
CORN OIL-15%	SUCROSE STARCH	33 25	356 172
CRISCO-15%	SUCROSE STARCH	30 26	190 146
LARD - 15%	SUCROSE STARCH	30 26	221 170